

Beautiful Dreamer

COLORING BOOK



Krisa Bousquet

What Do You Dream About?

We spend a third of our lives sleeping, and while our bodies are resting, our minds remain active, reassembling our experiences and sensations into meaningful patterns. Can you remember a dream you've had recently that seemed to contain a lot of truth? Though getting on with our day is usually our first priority upon waking up, sometimes it's healthy to stop and process our dreams. Coloring is also a good way for us to step back and let our creative sides be dominant for a while. In this book, I used the imagery of nighttime and dreaming to put together soothing nocturnal scenes for you. Embellish them with whatever color schemes you feel like, and as you color, let your mind happily wander through your dreams!

This book includes many colored samples to get you inspired, plus info on popular coloring supplies, basic instructions for blending color, a skin tone coloring how-to, and other handy coloring tips. And when you're feeling at a loss for where to start, check out the guided coloring pages, starting on page 33, for a jumpstart!

Krisa



About the Author

Krisa Bousquet (or KC), the creator of KCDoodleArt, began her drawings as a simple way to pass the time. This quickly grew from hobby to obsession to full-time job as her art grew more complex, detailed, and refined. Her biggest influences are the world around her—flowers, nature, and the human face. She continues to branch out into new areas with her art, recently self-publishing her first books on Amazon. From her home studio in San Antonio, Texas, she runs a popular YouTube channel (KC Doodle Art) with more than 21,000 subscribers and 700 videos that record her creations in time-lapse from blank paper to completed design, and she regularly shares her art with her 12,600 (and counting) Instagram followers. Krisa loves her work, and truly hopes that others sense this love, whether it's while coloring from her books or drawing using her techniques.

www.kcdoodleart.com • [@kcdoodleart](https://www.instagram.com/kcdoodleart)



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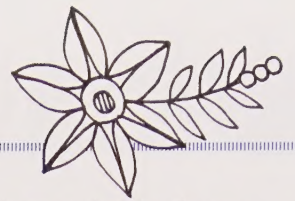
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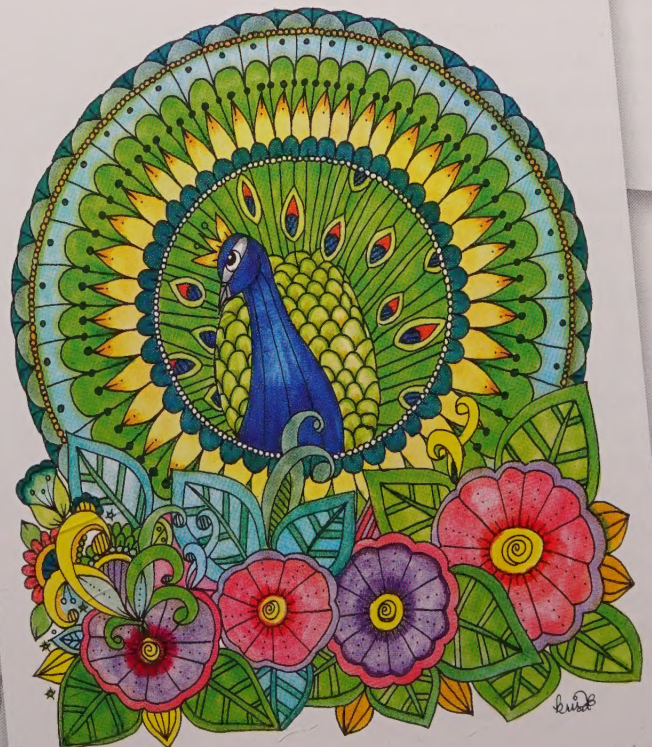
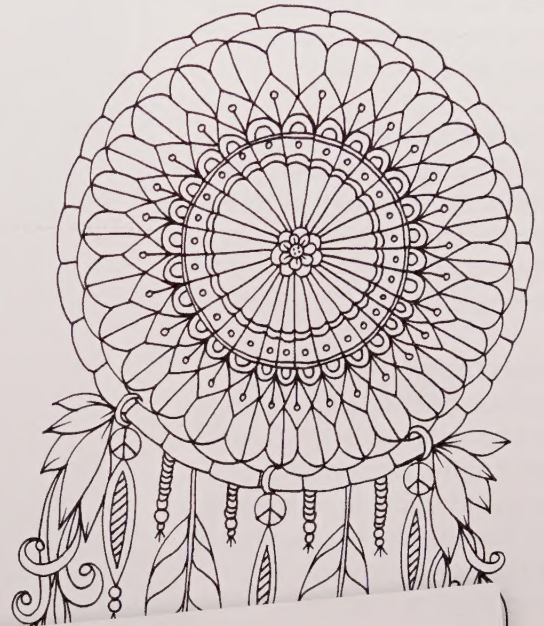
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My Style



I love creating intricate black and white floral designs that start with focal points such as animals, faces, inspirational quotes, or mandalas. I always begin with a subject in mind, then add botanical details in the background. Some of my pieces are inspired by famous buildings around the world, and others are works of fantasy-inspired doodle art featuring forests, parks, waterfalls, etc. And I can't get enough of bold and bright colors on my drawings!



My Favorite Coloring Supplies



Here's a quick look at some of my preferred coloring media. But don't forget! You can also use crayons, water-based markers, gel pens . . . anything you like!

A. Fine-point felt-tip pens:

Some of us love adding patterns on drawings while coloring; felt-tip pens are great for that. They are also good for adding colors inside small, detailed areas.

B. Colored pencils: For a smooth coloring experience, I highly recommend colored pencils. They are very easy to blend and great for layering colors.

C. Brush markers: These are your best choice if you want to achieve bright and vivid colors. Depending on the brand you use, they are very blendable. My favorites are Winsor & Newton and Copic Sketch markers.

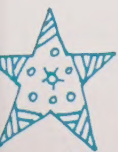
D. Chisel-tip markers: These are good for coloring large areas. With the various angles of the tip, you can get three types of stroke: broad, medium, and thin. Colorless chisel-tip markers are also great to use as a blending tool.

E. Water-soluble pastels:

If you want to add a splash of watercolor to your designs, use water-soluble pastels. They act like crayons when dry, but you have the option of applying water to add a watercolor wash to your work, and they are very easy to manipulate. You can even use an alcohol-based blender marker or a paper blending stump to blend the colors.



Coloring Tips



Choose a color palette if you're unsure of what colors to use. There are tons of color palettes online, or let a photo or object inspire you! For this design, I selected a mini palette for different areas of the design and put them all together to make sure they'd work well.



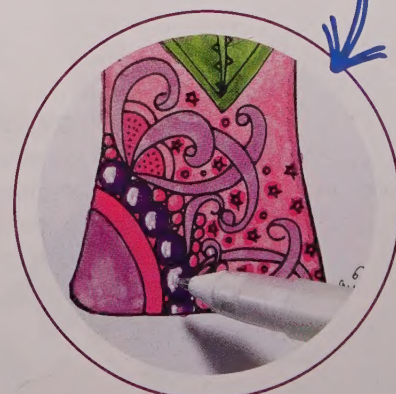
Don't be afraid to mix and match colors!



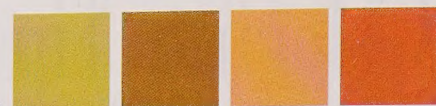
White gel pens are great to use for adding highlights, or to add patterning on top of a dark color.



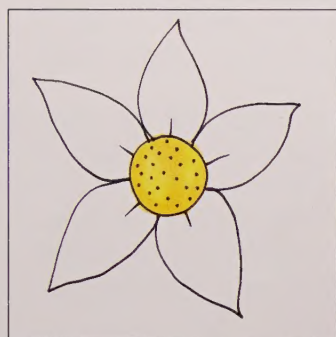
If I am going for a fun and vibrant look, I mix multiple coloring media in one design—alcohol-based markers, colored pencils, crayons, water-soluble pastels, water-based markers, and gel pens.



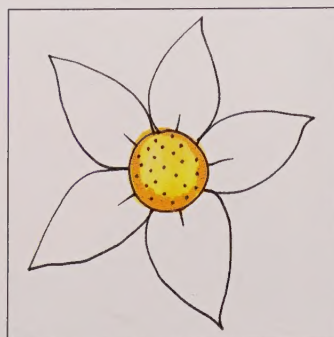
How to Blend



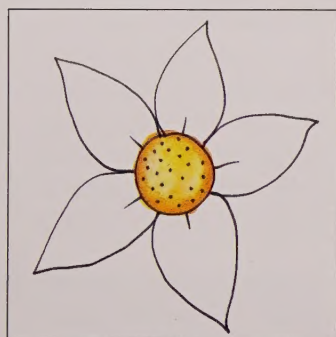
I'm always going for the well-blended look. To achieve this, I use a good blender, though you can also blend without a blender by simply using several different shades of a single color and building up a gradient with them. But I like to use an **alcohol-based blender marker** with almost every coloring medium and design that I do. Blenders with chiseled tips are my favorite because they are versatile—you can get thick and thin lines and blends out of them. I usually begin with light pastel shades no matter what medium I'm using. That way I can slowly build the colors to bright, bold tones.



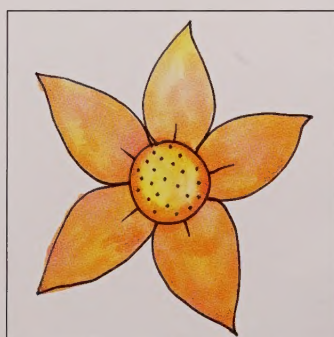
1. Fill the center of the flower with a light color, like this yellow.



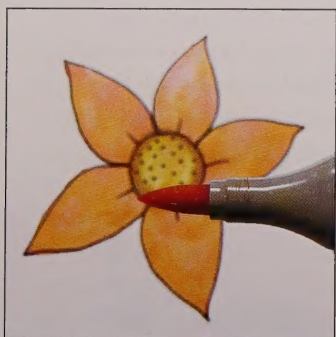
2. Now use a darker color to go around the inner edges of the flower center, on top of the light color.



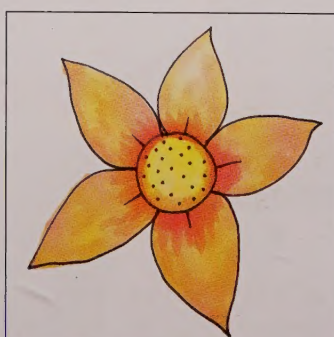
3. Blend the colors using a blending tool such as a blending marker, using gentle strokes and moving your tool from dark to light.



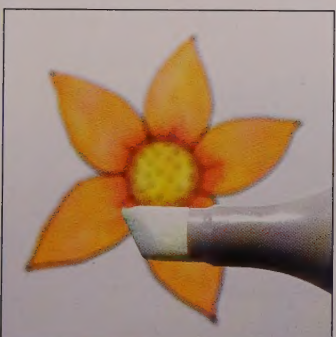
4. Fill in the petals with a new light color, like this orange.



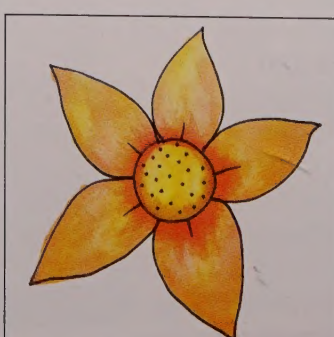
5. Now use a darker color, like this dark orange, around the outer edges of the center of the flower.



6. This darker color at the base of the petals gives the flower dimensional, realistic "shadows."



7. Blend the colors using a blending tool such as a blending marker—chisel tips like this one are my favorite.

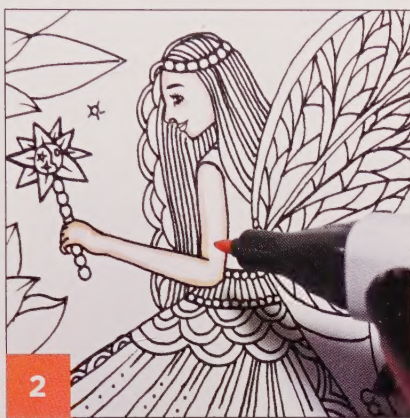


8. Your beautifully blended flower is done!

Coloring Skin Tones



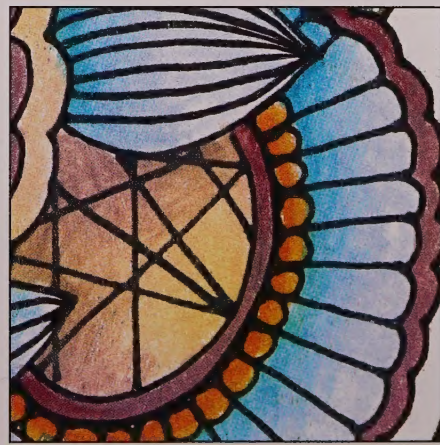
I think it's a good idea to start with light colors when it comes to skin tones. Slowly build up the colors until you get the effect you want on the drawing. It's also a good idea to "swatch" the colors before proceeding. Below is the skin tone palette I used for this drawing.



1. Pick a skin tone color that's lighter than your desired final effect as a starting point. Here, I chose a very pale peachy color.
2. Fill the whole surface of the skin with that color, not pressing too hard.
3. Add shadows by outlining the skin edges in a slightly darker shade of the same color.
4. Carefully blend the colors together until you are satisfied with the effect.
5. If you'd like, add blush on the cheeks with a darker, pinkier tone, and blend.
6. You're done with your lifelike skin tone!





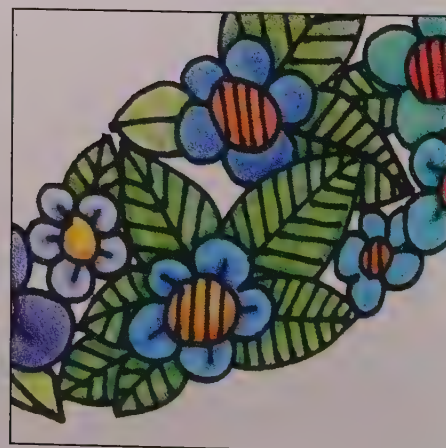
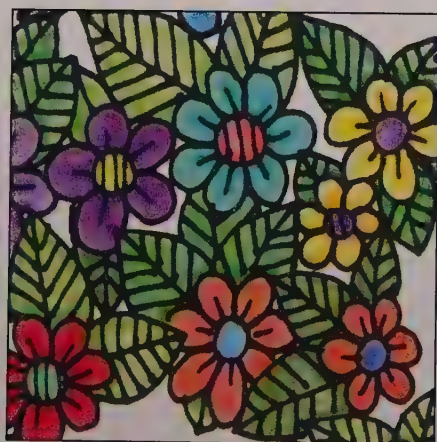












Beauty Above, page 35.

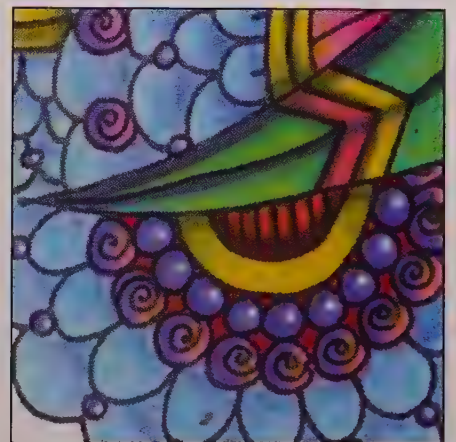
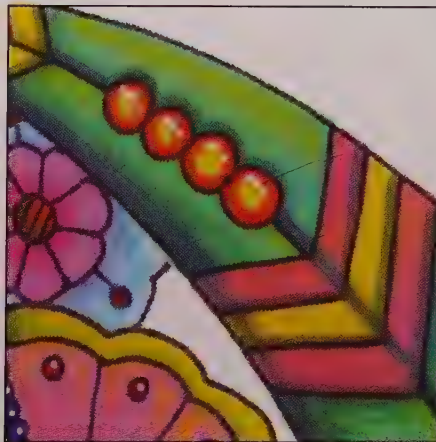




Center Star, page 43.

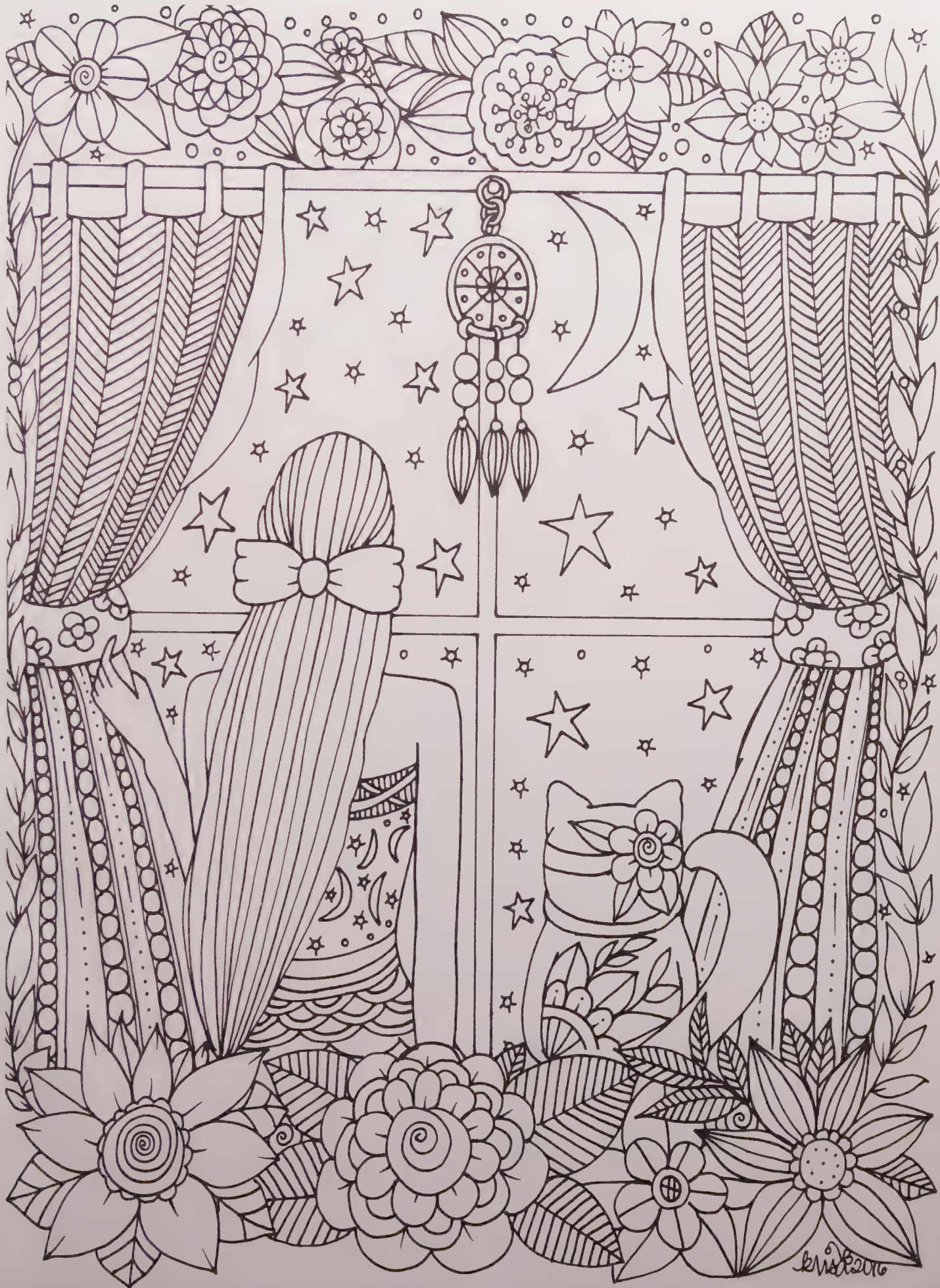


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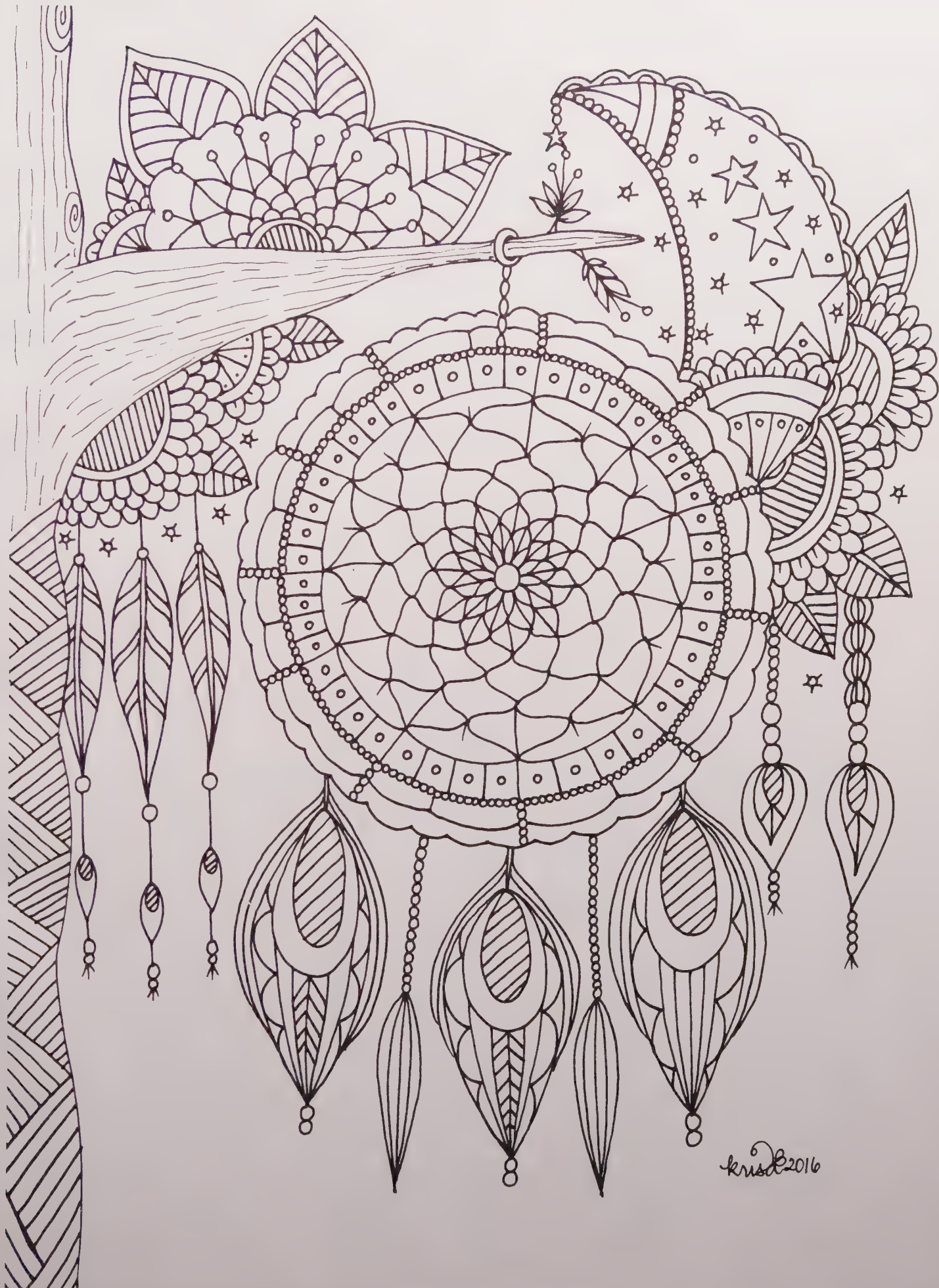
Nightscape, page 17.





Whatever causes night
in our souls may have stars

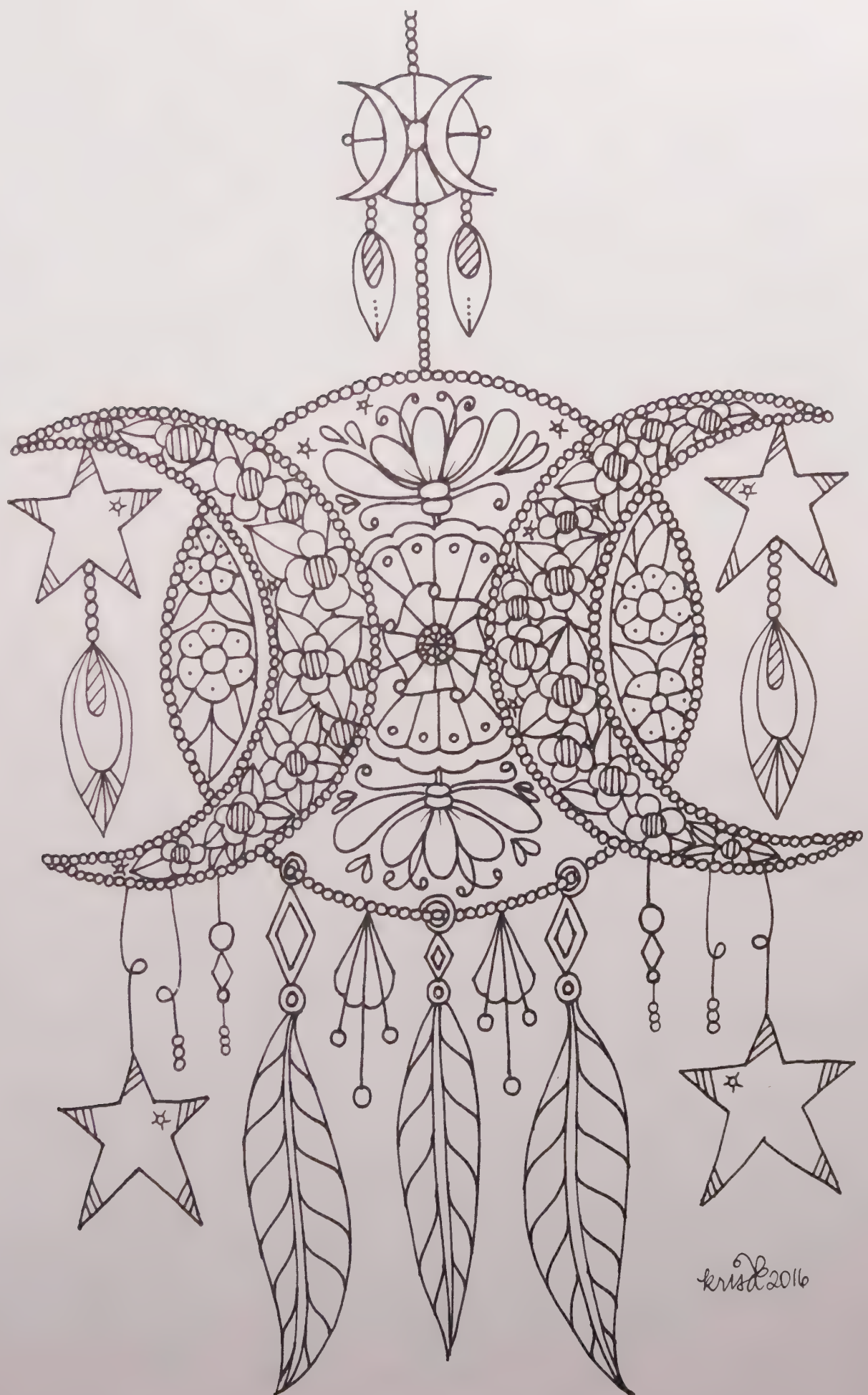
—Victor Hugo





The biggest adventure you can ever take
is to live the life of your dreams.

—Oprah Winfrey





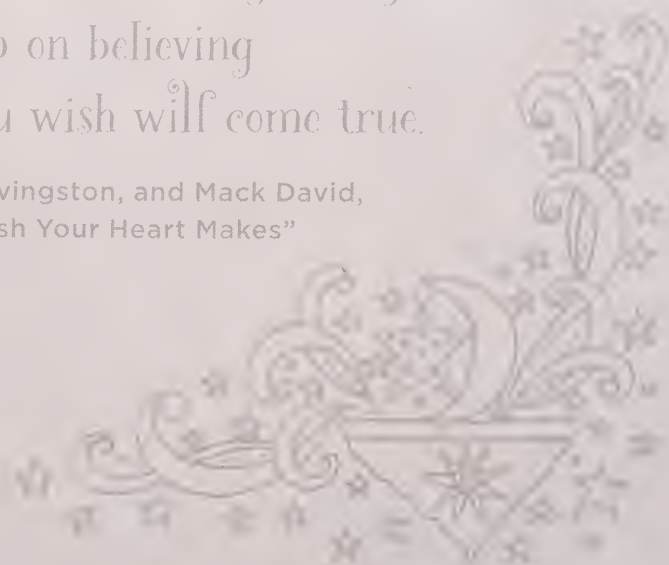
Dreams are the seedlings of reality.

—Napoleon Hill



I have faith in your dreams and someday
Your rainbow will come smiling through
No matter how your heart is grieving
If you keep on believing
The dream that you wish will come true.

—Al Hoffman, Jerry Livingston, and Mack David,
“A Dream Is a Wish Your Heart Makes”



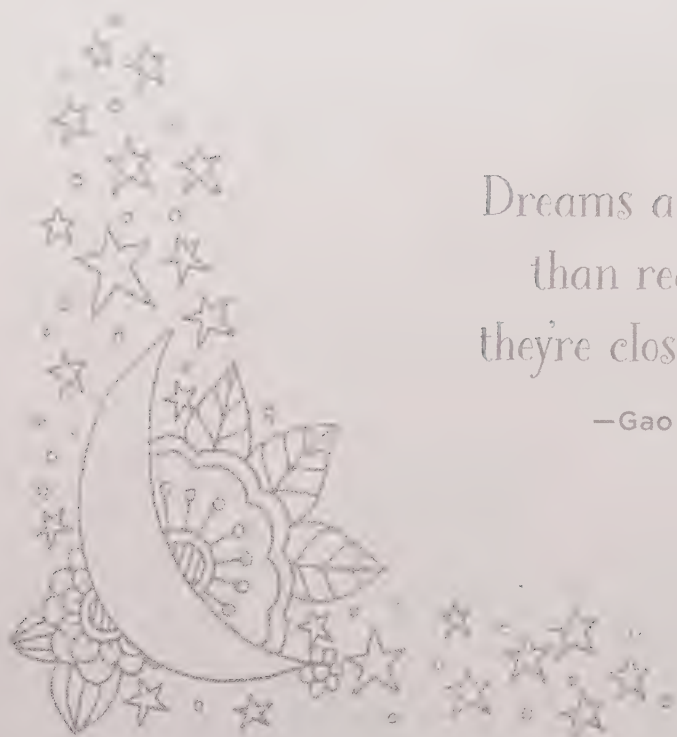




Keep your eyes on the stars,
but remember to keep your feet
on the ground.

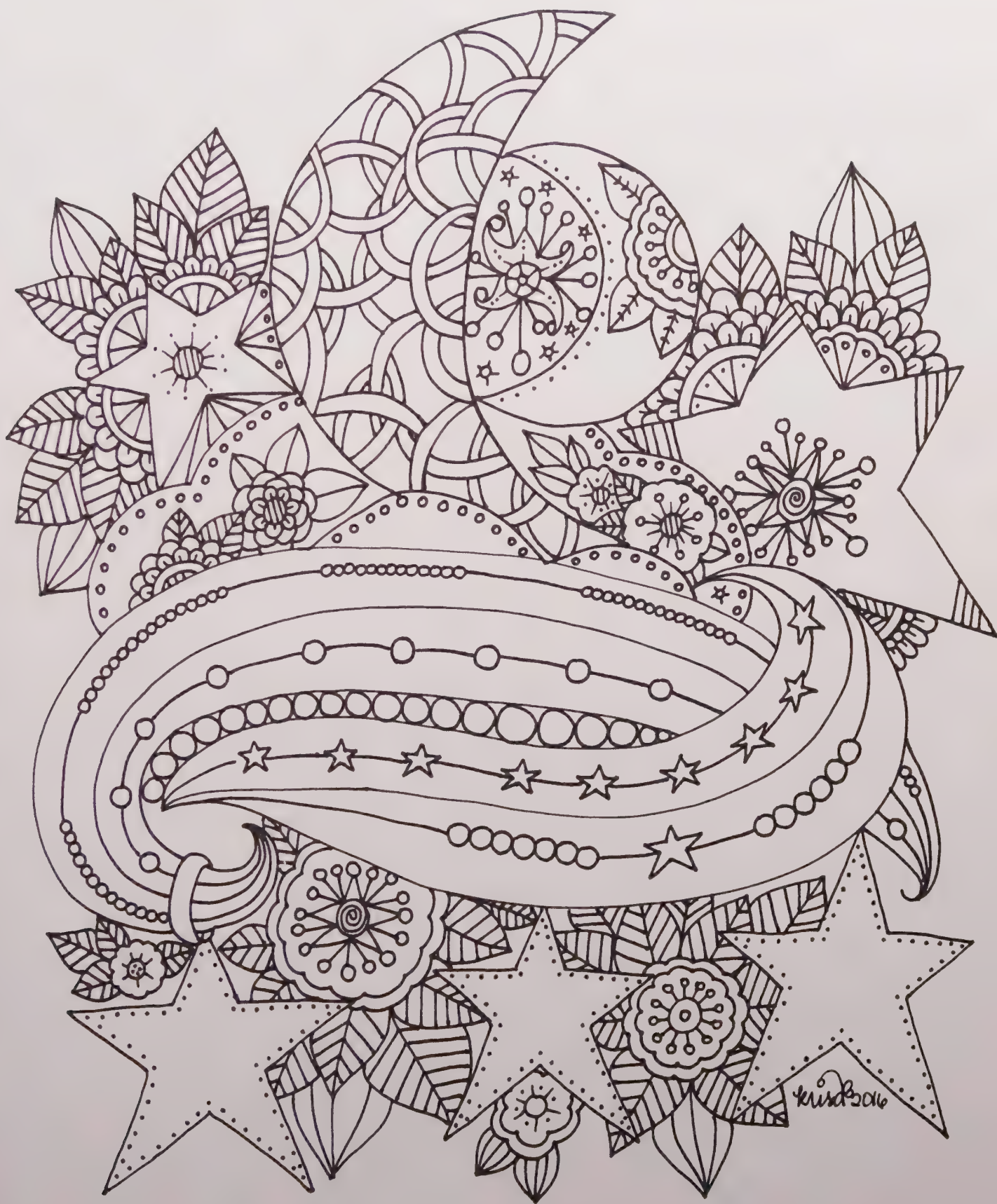
—Theodore Roosevelt





Dreams are more real
than reality itself,
they're closer to the self.

—Gao Xingjian





If you really want to catch your dreams,
you have to chase them.

—Unknown

A series of horizontal lines for writing, consisting of approximately 10 lines.



Reach high,
for stars lie hidden in your soul.
Dream deep,
for every dream precedes the goal.

—Pamela Vaull Starr





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Gorgeous cool shades of green, blue, and purple,
with just a touch of pink, are soothing for this dream catcher motif.

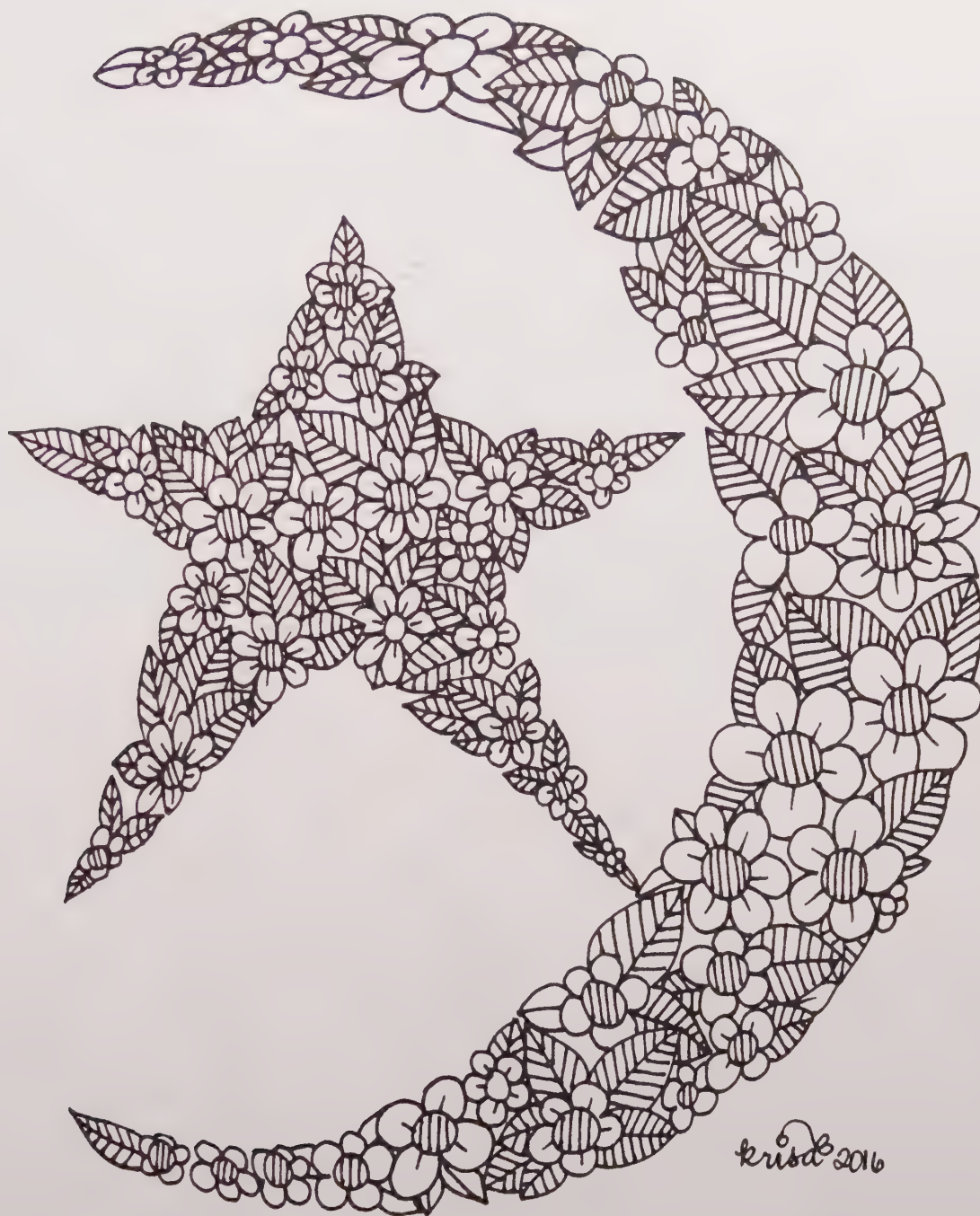




Follow your passion,
be prepared to work hard and sacrifice,
and, above all,
don't let anyone limit your dreams.

—Donovan Bailey

Live by Your Dream



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A gradient effect was achieved here by using darker colors, like blue and red, on the ends of the moon and lighter colors, like yellow, in the middle.

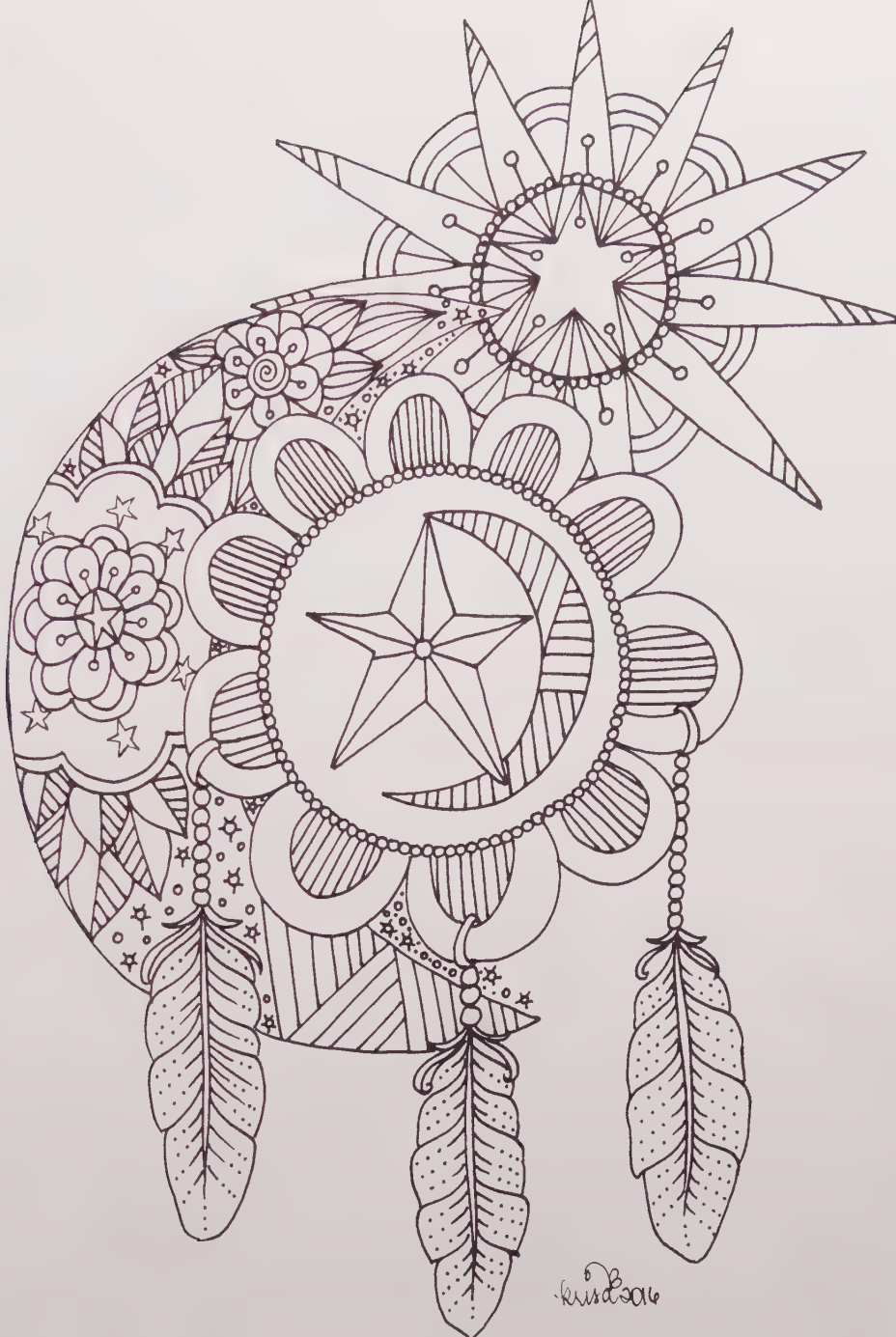




Forget the day's troubles.
Remember the day's blessings.

—Unknown

Beauty Above



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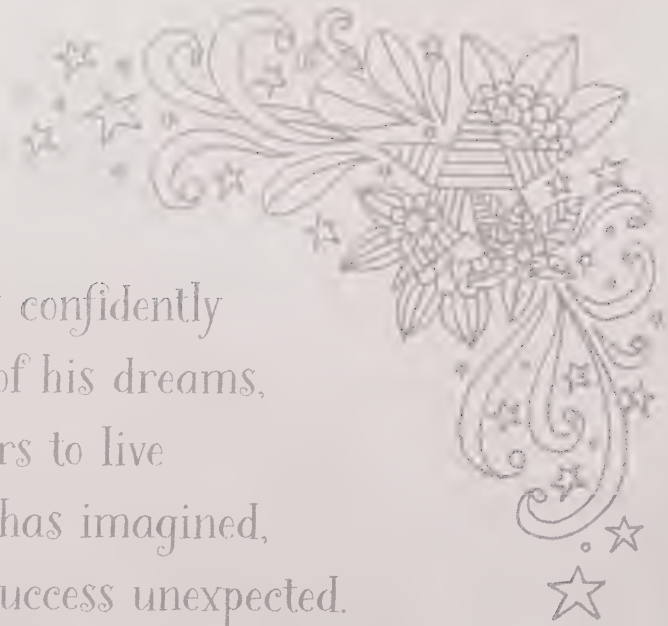


Some internal consistency can make a coloring feel polished—notice the same magentas, oranges, and blues used in several areas of this piece.



If one advances confidently
in the direction of his dreams,
and endeavors to live
the life which he has imagined,
he will meet with a success unexpected.

—Henry David Thoreau, *Walden*



Celestial Navigation



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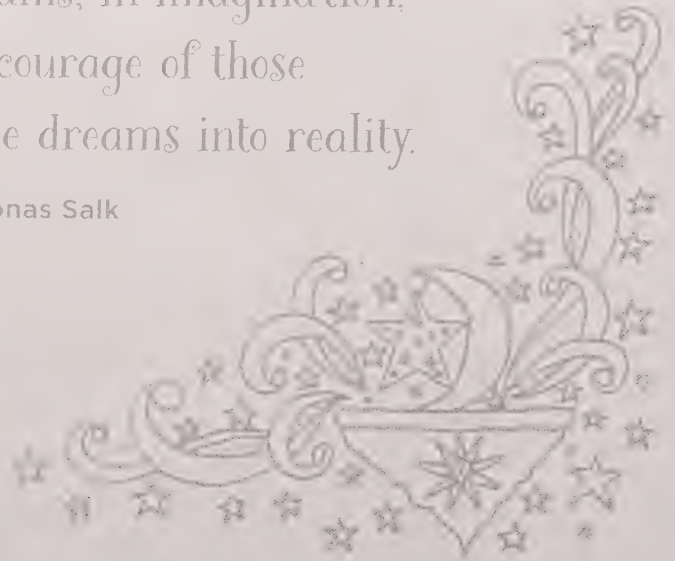


The neutrals of the creamy skin and brown hair in this coloring aren't overwhelmed by the consistent, deep blue background.



Hope lies in dreams, in imagination,
and in the courage of those
who dare to make dreams into reality.

—Jonas Salk



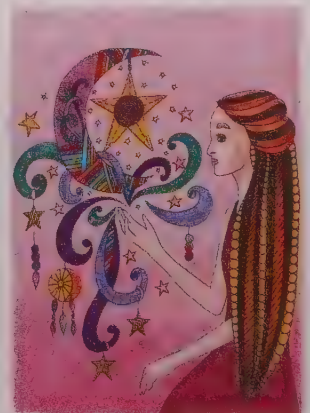
Dreaming the Future

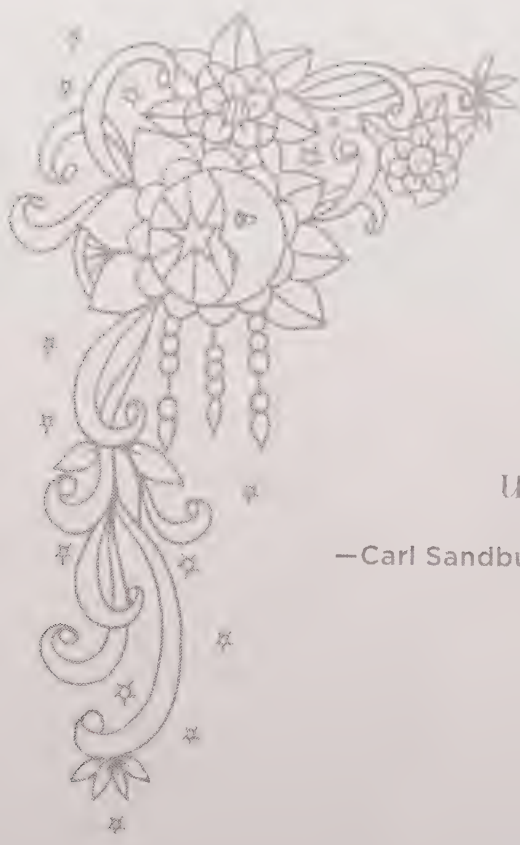


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If there is one color you just love, why not use a ton of different shades and tints of it? When you use the colors you love, a piece will truly shine.





Nothing happens
unless first a dream.

—Carl Sandburg, "Washington Monument by Night"

Dream Power



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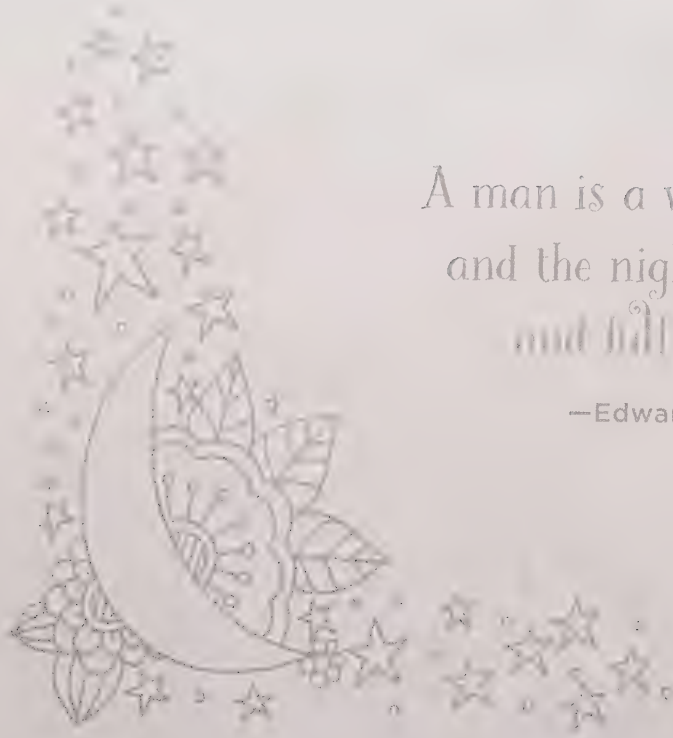


Create a glowing effect by starting with yellow
in the center and transitioning to orange and then red.

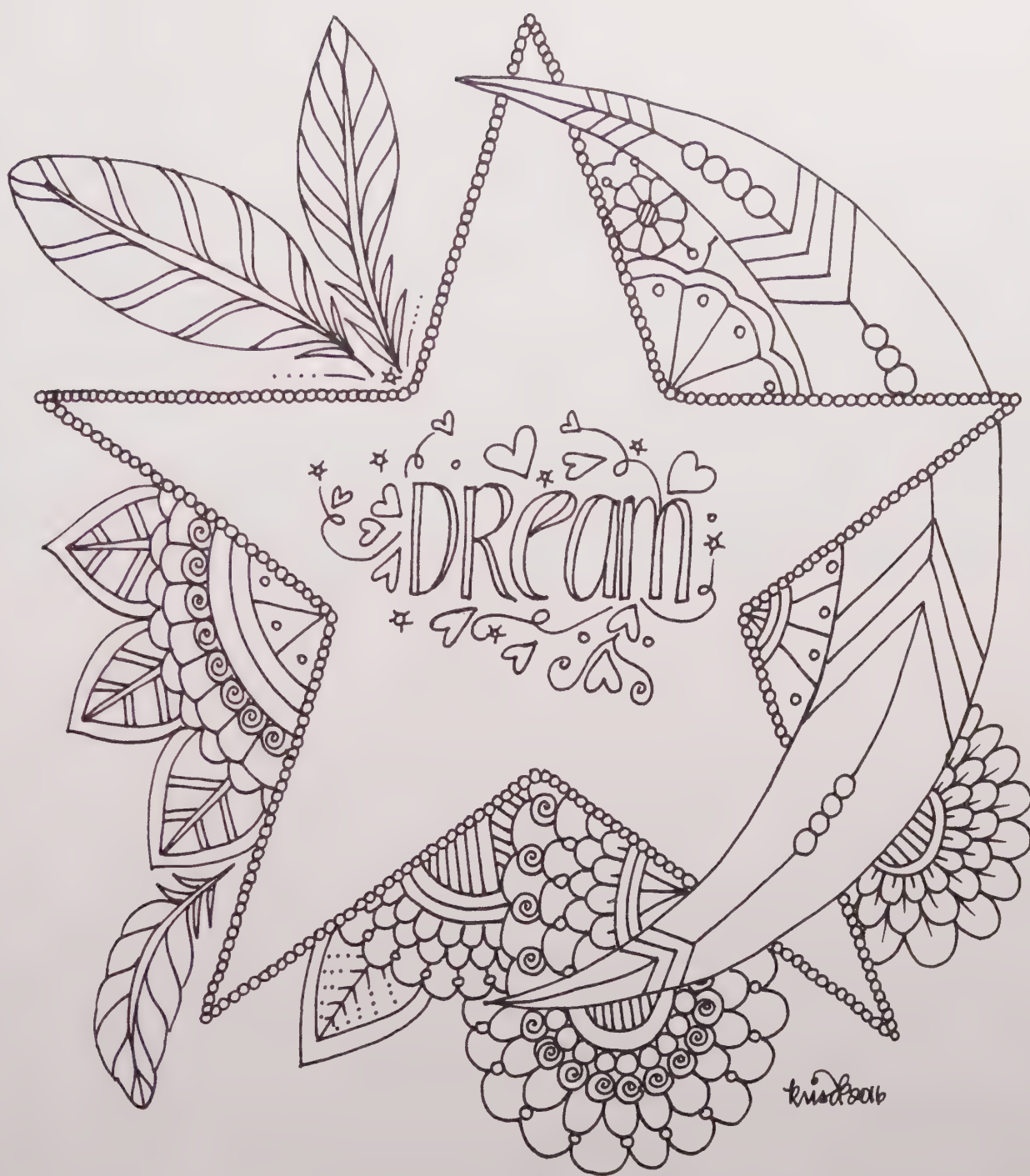


A man is a very small thing,
and the night is very large
and full of wonders.

—Edward Plunkett



Center Star



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Try using multiple shades of a color in
 layered lines to create shading.





Dream without fear.
Love without limits.

—Unknown

A series of horizontal lines for writing, consisting of approximately 12 faint, evenly spaced lines.

Boundless Dreams



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Neutrals like tan and ocher work well together with blue.



Moonlight is a sculpture.

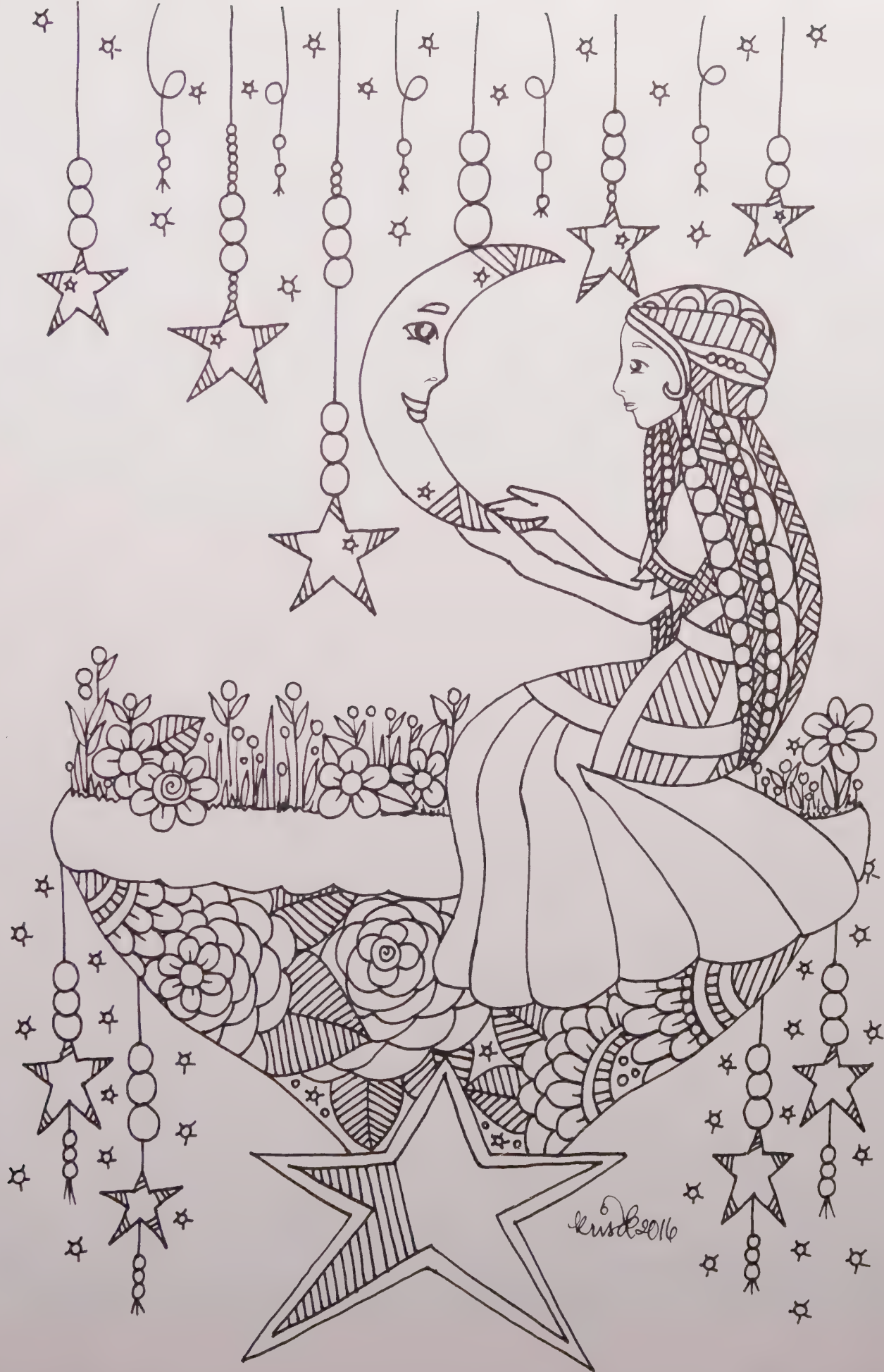
—Nathaniel Hawthorne



Moonlight Magic



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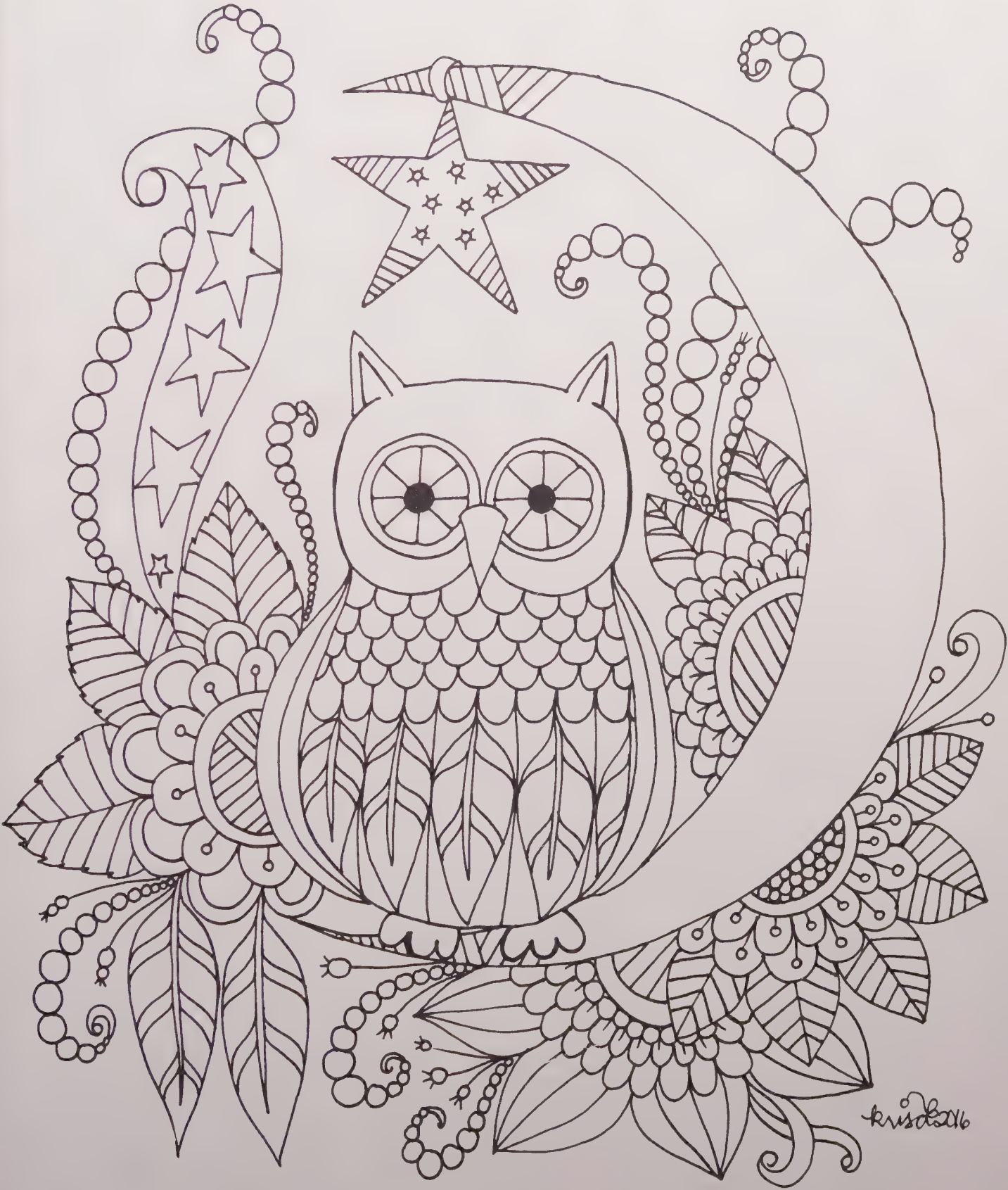




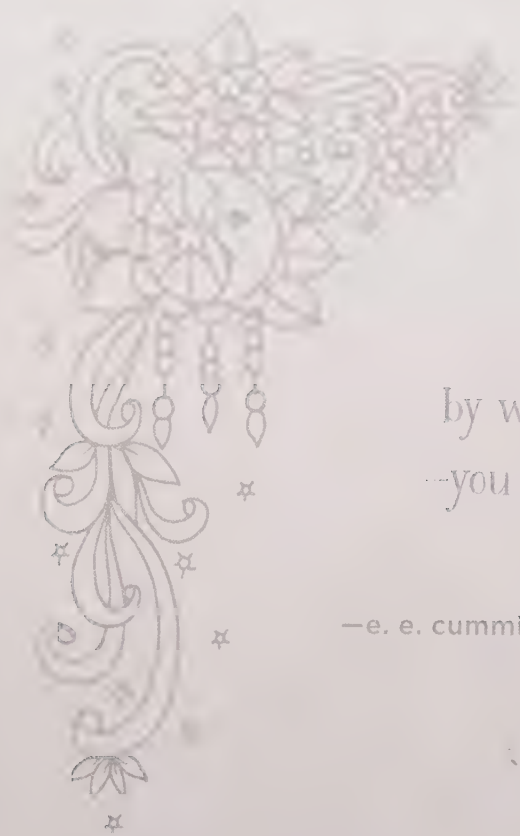


All days are nights to see till I see thee,
And nights bright days when dreams do show thee me.

—William Shakespeare, Sonnet 43





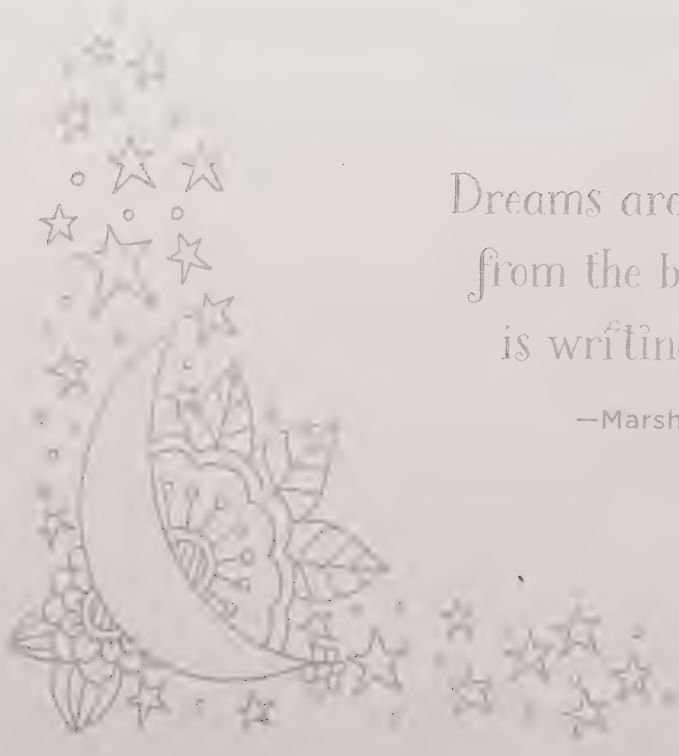


yours is the light
by which my spirit's born:..
--you are my sun, my moon,
and all my stars

—e. e. cummings, "silently if, out of not knowable"



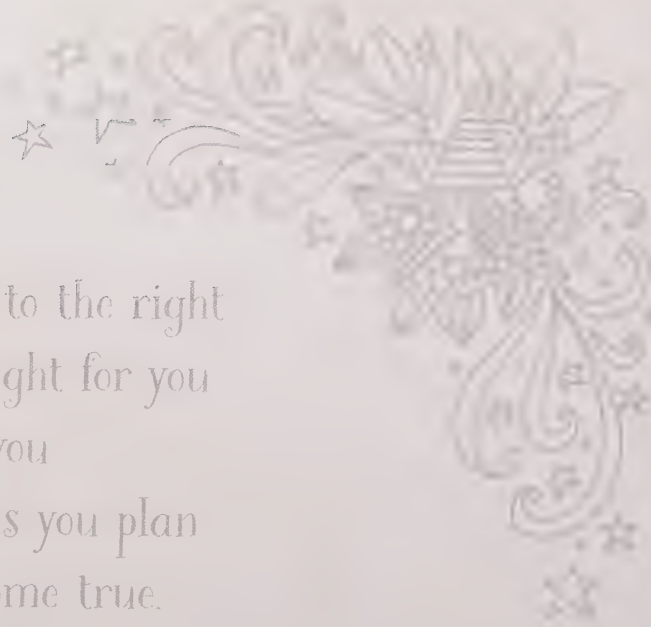
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Dreams are illustrations...
from the book your soul
is writing about you.

—Marsha Norman

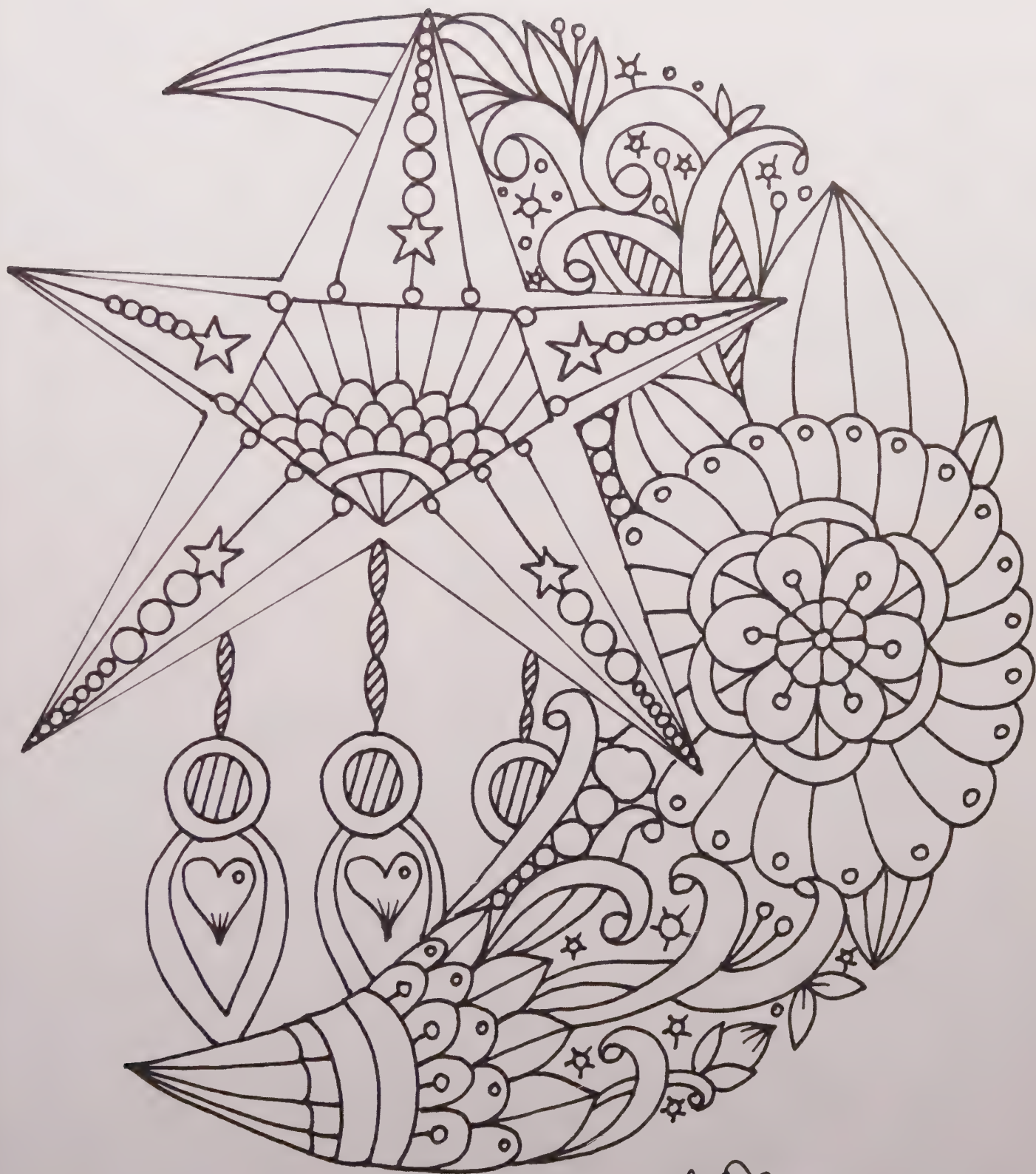




The second star to the right
shines in the night for you
to tell you
that the dreams you plan
really can come true.

—Sammy Fain and Sammy Cahn, "The Second Star to the Right"





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The only requirement of having a dream
is believing in it.

—Molly Barker





I know nothing with any certainty,
but the night of the stars makes me dream

—Wendell Van Dyke





If people sat outside and looked at the stars
each night. (If not they'd live a lot differently)

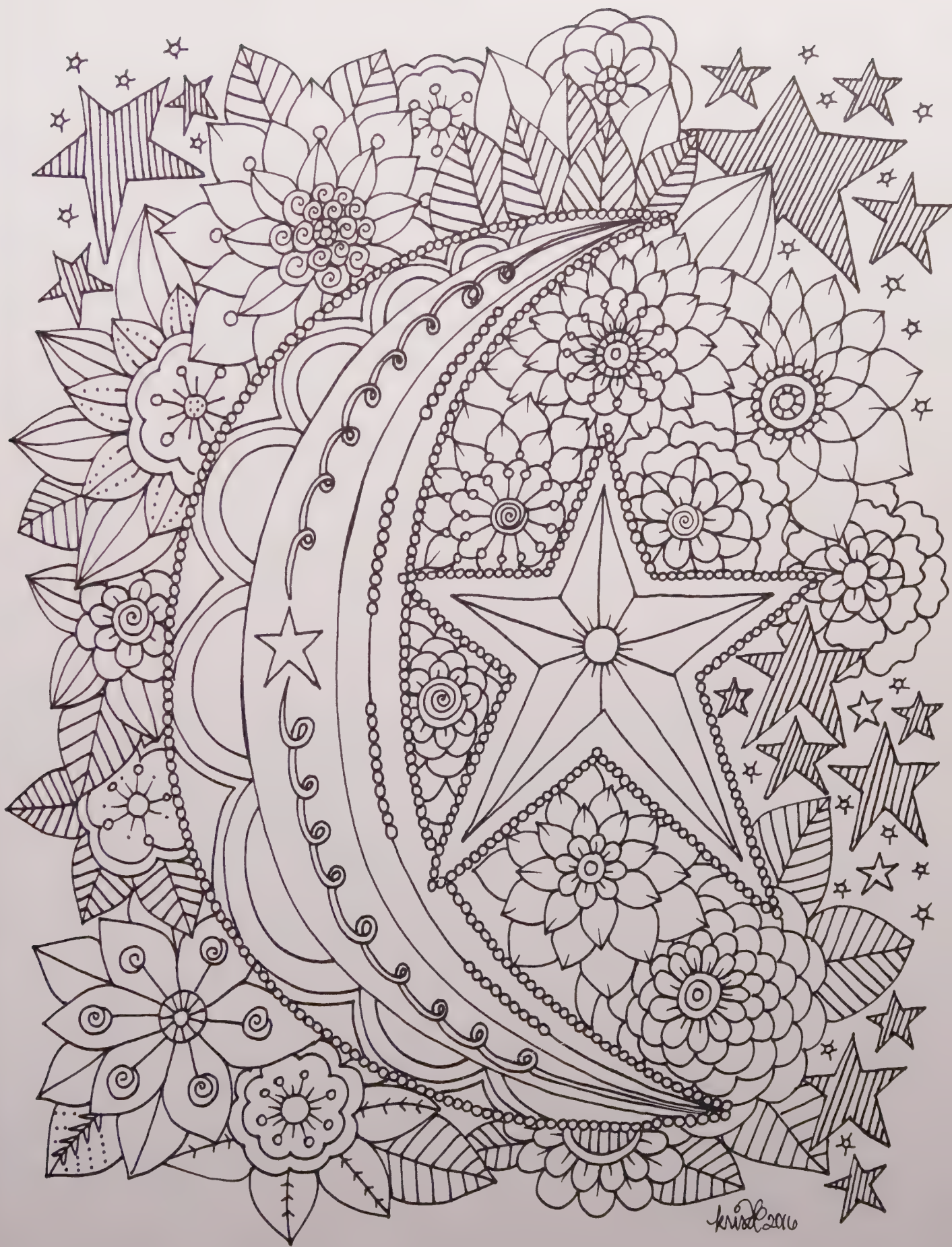
—Bill Watterson, *Calvin and Hobbes*



Day is over, night has come.
Today is gone, what's done is done.
Embrace your dreams, through the night.
Tomorrow comes with a whole new light.

—Unknown

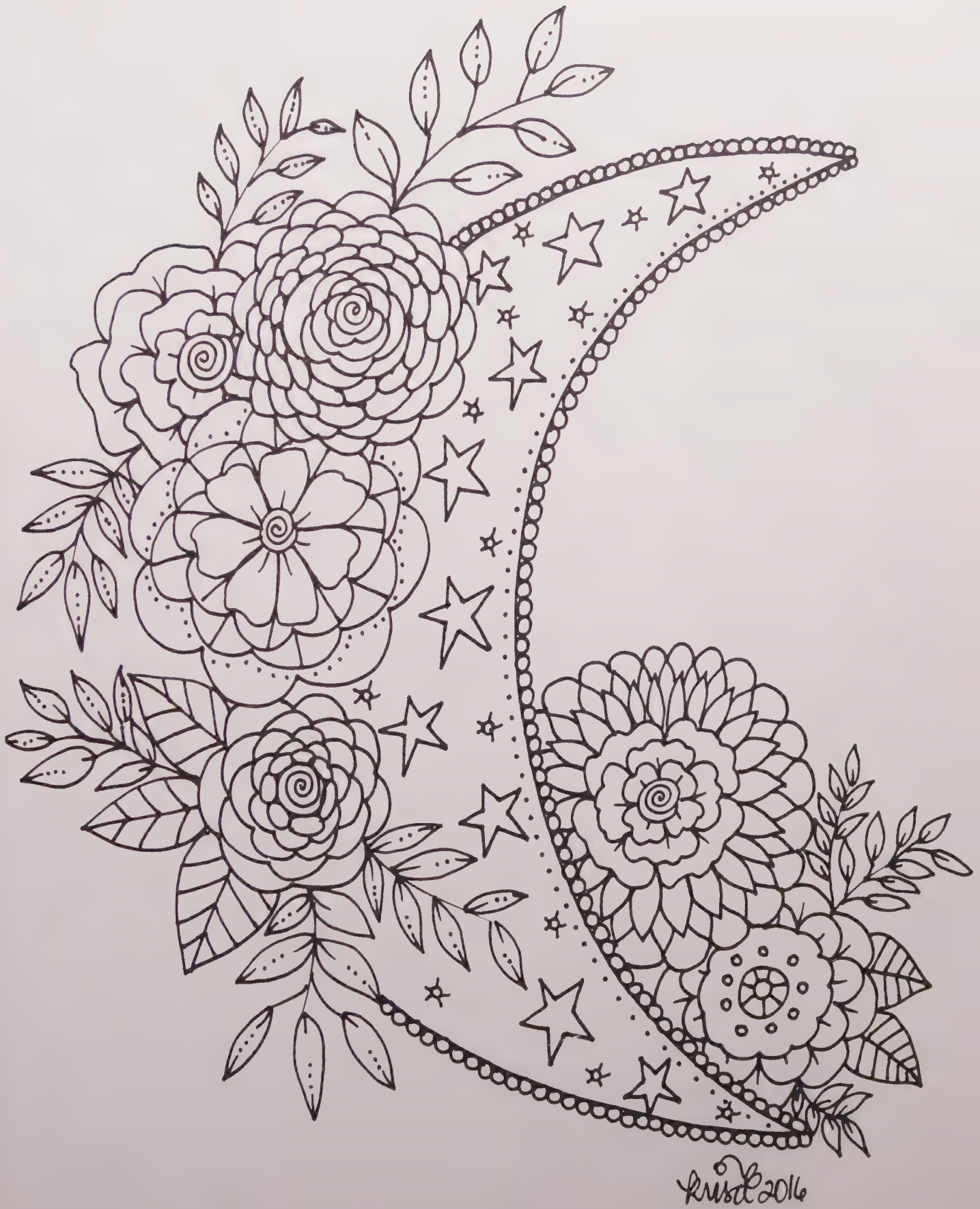






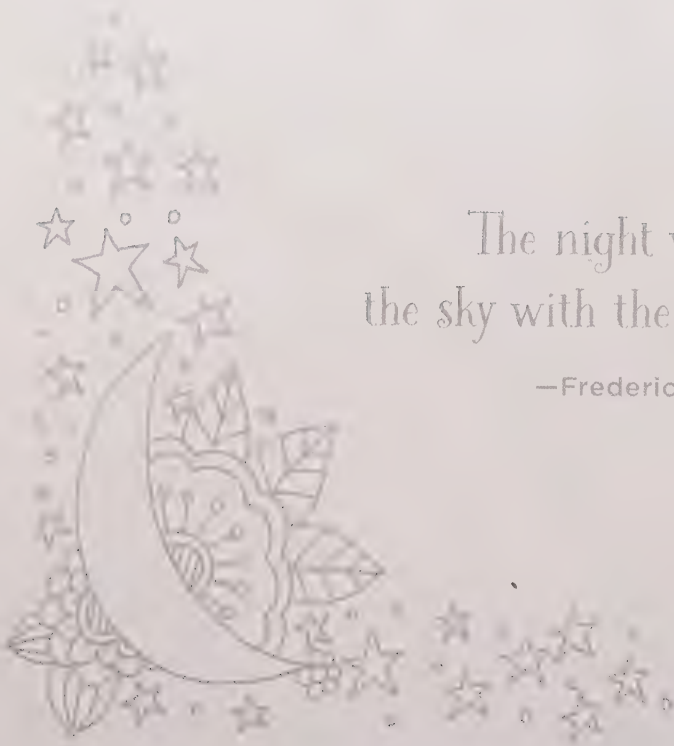
It often seems to me that the night
is much more alive and richly colored
than the day.

—Vincent van Gogh



The night walked down
the sky with the moon in her hand.

—Frederick L. Knowles







I have loved the stars too fondly
to be fearful of the night.

—Sarah Williams, "The Old Astronomer to His Pupil"

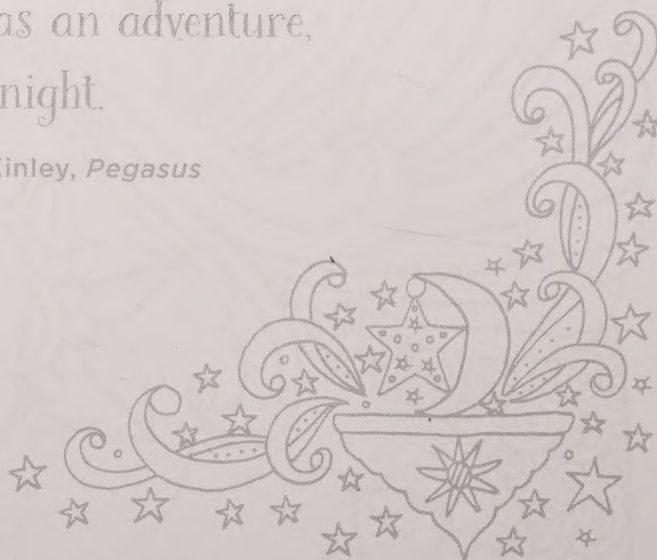
[Faint, illegible text block, likely bleed-through from the reverse side of the page]



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Everything was an adventure,
at night.

—Robin McKinley, *Pegasus*





Colored pencils (Prismacolor). Color by Darla Tjelmeland. Stargazing, cover and page 77.



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Dreaming the Future, page 10.



Celestial Navigation, page 9.

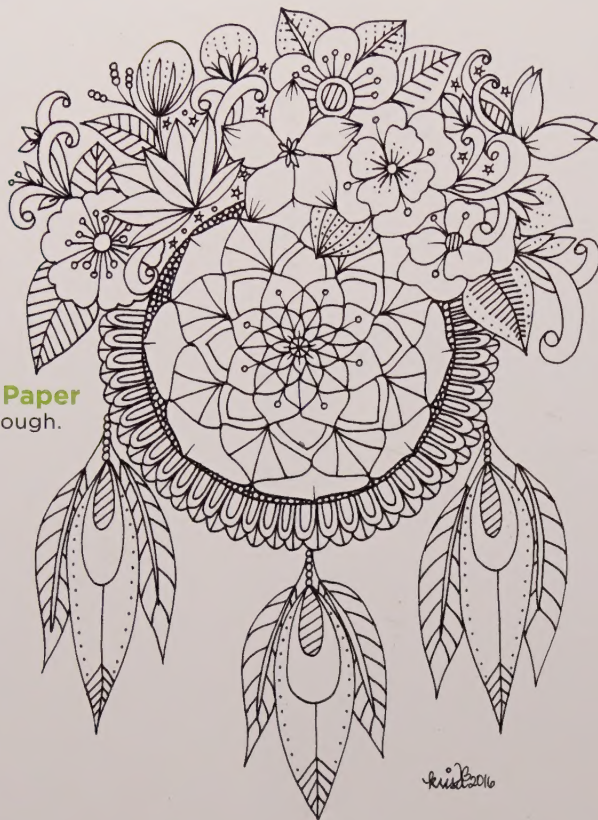
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Gorgeous cool shades of green, blue, and purple,
with just a touch of pink, are soothing for this dream catcher motif.

How-To
tips and techniques



Fully Colored Examples
for ideas and inspiration

33

Krisa Bousquet



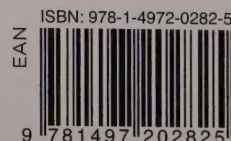
Krisa Bousquet (or KC) loves to doodle fun, whimsical, organic designs. From her home studio in San Antonio, Texas, she runs a popular drawing YouTube channel and regularly shares her art with her thousands of Instagram followers.



DESIGN ORIGINALS

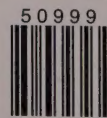
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